

			KM 2019		Søndag 15. september							
Starttid	100m	300m hekk	60m	600m	800m	slegge	lengde	tresteg	høyde	kule	spyd	stav
09:00						J 11-12-13 og G11-12						
10:00						G13-16 og J14-15-16- 17						
11:00		G15(2) J15 (1) J17(1) J16(2)							G11 (3) G12(5)			
11:05												
11:10		G16(2) G18/19(2)						G14(1) G15(2)				
11:15											J16(5) J17(2) J18/19(2)	
11:20			J12(5)									
11:25												
11:30								G12(4) G13(6)				
11:35			J13(14)									
11:40									G15(5)			
11:45			G11 (3)								J12(7)	
11:50			G14(3)									
11:55												
12:00												
12:05											J11(4)	
12:10			G12(7)									
12:15			J14(13)				J13(10)		G14 (1) G15(3)			
12:20												
12:25			G13(8)								J14(3) J15(2)	
12:30												
12:35			J11(7)									
12:40												
12:45	J16 (8)						J11 (5)			G11(2) G12(4)		
12:50	J15 (6)											
12:55	G16 (6)											
13:00	G18/19 (3)G17(1)						J-15(5) J16(6)		G13 (7)		J-13(8)	J14(2) J13(1)
13:05	J18/19(2) J17(1)											
13:10	G-15 (6)											
13:15												
13:20												
13:25												
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13:35							J17 (2) J18/19(2)					
13:40												
13:45												
13:50												
13:55												
14:00				J11(4) J12(4) J13(2)								
14:05							J-14 (11)					
14:10									G13(8) G14(1)			
14:15												
14:20												
14:25				G11(3) G12(5)			J12(6)					
14:30												
14:35				G13(8)								
14:40												
14:45					G 14(4) G15 (2) G16(3)					G18/19(5)		
14:50												
14:55					J14(8)							
15:00												
15:05					J15(3) J16(2)							
15:10												
15:15					G18/19(7)							
15:20												
15:25												
15:30	Stafetter											